

Sharon Abbey

Lara, May & Associates, LLC (“LMA”)

Headquarters: 7600 Leesburg Pike, Suite 120 East, Falls Church, VA 22043

Main Phone: 703.827.2300 800.842.8834 www.laramayllc.com

This document provides information about Sharon Abbey that supplements the LMA ADV Part 2A Brochure or WRAP Fee Program Brochure. You should receive a copy of that Brochure. If you have any questions about the contents of this supplement or you would like a complete copy of LMA’s ADV please contact Compliance at 703-827-2300 or information@laramayllc.com. Additional information about Sharon Abbey is available on the SEC’s website at www.adviserinfo.sec.gov.

ITEM 2 EDUCATIONAL BACKGROUND AND BUSINESS EXPERIENCE

YOB 1974. Sharon graduated from Fox Valley Technical College with an Associated Degree in Accounting. Currently she is a Wealth Management Advisor and the Branch Manager of the Frisco, Colorado office at Lara, May & Associates, LLC.

ITEM 3 DISCIPLINARY INFORMATION - None

ITEM 4 OTHER BUSINESS ACTIVITIES

BROKER AGENT: This individual is also a broker agent of LMA, a fully disclosed, introducing broker/dealer. This enables the individual to effect transactions for a commission as a broker agent. Clients should discuss their investment needs with the above named investment advisor representative (“IAR”) to determine if their situation may be better served in a broker/commission relationship versus an IAR/fee-based program. Related persons of LMA may buy or sell for themselves or related accounts securities that they also recommend to clients. The situation could occur where an IAR is buying or selling securities for a personal or related account that they are also recommending to clients. When possible, trades submitted at the same time may be aggregated as a block trade with the average price applied to all respective accounts. If a security is bought/sold for a client at the same time it is bought/sold by the IAR the lowest/highest price will go to the client. If the IAR is unable to make a block the trade (such as if the account types are different) the IAR will submit the client’s trade first if the IAR is on the same side. If the client and IAR’s activity is opposite, the IAR will submit their transaction first. Unsolicited trades will be executed per the client’s request and will not apply to these practices. Personal and related accounts are coded as such, and trades are monitored by a firm principal and the Chief Compliance Officer. Additionally statements of personal accounts outside of LMA are reviewed monthly or quarterly for conflicts of interest. Acting in a broker agent capacity in a brokerage account the individual may receive commissions based on the sale of securities or other investment products including, but not limited to, distribution or service (“trail”) fees from the sale of mutual funds. This could create a conflict of interest as an incentive to recommend the investment products based on the compensation received, rather than on the clients’ need. Please consult with your IAR regarding any conflicts of interest or concerns you may have.

INSURANCE AGENT: LMA is also an insurance agency. Many IARs are also licensed insurance agents. An insurance agent may receive a commission from the insurance product company for products sold. The insurance commissions they may receive are in addition to other services provided or fees earned as a part of any other service.

ITEM 5 ADDITIONAL COMPENSATION - None

ITEM 6 SUPERVISION

The supervisory system of IARs includes, but is not limited to, principal approval of new account applications and program agreements, email sample review, outside account review, and trade monitoring. This individual’s designated supervisor is Charles R. Shaw, CEO at 703.761.3916.